# **Infopack**

# SolidAction:

Guiding youth toward solidarity projects

Arrival day: 15th June

Departure day: 22nd June 2025

Kysak, Slovakia

This is the second phase of the training course, but don't worry if you didn't participate in the first one. Each phase has different goals and stands on its own, so you're fully welcome to join and benefit from this experience.

This training course focuses on **empowering and coaching approach towards young people**. Participants will strengthen their competences in supporting young people through the process of developing, writing, and implementing their own projects. This phase enhancing youth initiative, and fostering social impact through guided support. The training course bridges the gap between ideas and action, equipping participants to guide young people in making their visions a reality.

Deadline to send application form: 20th May 2025

### **APPLY HERE**

## **Objectives:**

- To enhance participants' coaching approach skills in the context of the European Solidarity Corps.
- To empower youth workers to support young people in developing and implementing solidarity projects.
- To provide tools and methods for effective guidance, motivation, and follow-up.
- To foster a deeper understanding of youth empowerment and social impact.













## Participant profile:

This activity is designed for youth work and **education practitioners**: active youth workers, trainers, NGO workers, young leaders, volunteers working with youth, or teachers. Participants have to be over 18 years old and able to follow the training course and **work in English.** 

Please, apply only if you have the opportunity to organize a workshop or activity after the training course for young people or your colleagues. This practical application is a key part of the training course.



## Impact, dissemination & follow up

Participants participate in a full length of the training course and the reimbursement will be done after receiving all the original travel documents and proof of your follow-up activities (photos and short report):

- 1. Dissemination and Promotion: Share and promote the project and its outcomes on social media platforms to raise awareness and engage a broader audience.
- 2.Implementation of Follow up activities: Enhance the project's impact by organizing an educational workshop for a minimum of six participants. This workshop should be conducted in one month after finishing the training course
- 3. Follow-up travel reimbursement conditions

#### What to bring?

- summer clothes, including good shoes, as we will have some sessions outdoors.
- laptop and swimming suit
- some traditional meals or drinks from your country/region for our Snack Festival
- any personal medication that you need
- Bring the **slippers**, **towels**, and toiletries for the shower.
- your cup / glass
- curiosity, interest, and good spirit

#### Mandatory insurance

It is mandatory to have a valid medical insurance (i.e. European Health Insurance Card) during your travel and a separate travel insurance (must cover damage or loss of luggage, accidents and serious illness, death). It is the responsibility of each participant to provide proof of medical and travel insurance.



Our accommodation will be at **Skola v prirode Kysak.** The training course will **begin with dinner at 19:30** and ends with breakfast-to-go on.

#### The venue will be open from 17:00.

Please, buy your tickets accordingly.

Be mindful of the train schedules when planning your arrival or departure to/from Kysak. The venue is located approximately 30 minutes on foot from the train station, through a forested path.

Thanks to funding from the Erasmus+ program through the Slovak National Agency, all costs for food, accommodation, and course materials will be covered during the course. You are welcome to arrive up to two days earlier or stay up to two days longer, provided that your total extra days outside of the programme activities do not exceed three days. Any costs for accommodation or other expenses during this extra time will be your responsibility and will not be covered by the organisers.

Check Skola v prirode Kysak website: <a href="https://svpkysak.sk/">https://svpkysak.sk/</a>

Wi-Fi won't be available, the venue is located in a rural area, we cannot guarantee 100% reliability, so please avoid scheduling important tasks such as emails or conference calls during the week.

The venue is situated away from the town and surrounded by nature. Participants will share **rooms with several beds and private bathrooms.** We recommend you bring comfortable, warm clothing as temperatures can fluctuate. Please also **bring slippers**, **towels**, **and toiletries** for the shower.

There is no shop in walking distance from the venue, so you are advised to bring all the necessities with you. If you will need extra snacks/personal items, then make sure to buy them before arriving to the venue.

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When arranging tickets, bear in mind that there is a fixed maximum amount reimbursable for your individual trip costs. Selected participants need to plan their trip to the **town of KYSAK.** Travel costs exceeding the maximum reimbursable amount will not be covered.

In line with Erasmus+ rules, the costs of your international travel will be covered up to the following amounts, based on the distance from your place of residence to the training venue (as verified by the Erasmus+ distance calculator). Any costs exceeding these amounts must be covered by you.

Here is an overview of the distance bands and the corresponding reimbursement amounts for travel:

We reimburse only public transport, 2nd class fares. Taxi is not refundable, as well as transport by private cars.

Please note that to be able to reimburse your travel costs, we need all your original travel documents: tickets and boarding passes, as well as invoices.

**IMPORTANT:** We can reimburse your flight tickets only if you present us your boarding passes. In case of using a mobile app for check-in, please, remember to save the boarding pass or **take a screenshot** - they are automatically deleted from the mobile app after some time.

The reimbursement will be done after receiving all the original travel documents and proof of your follow-up activities (photos and short report).



Flight to Vienna (Austria), Budapest (Hungary), or Bratislava (Slovakia).

#### From Vienna airport

Take a bus from Vienna airport to Bratislava (approx. 50 min). Check the tickets at: <a href="https://www.regiojet.sk">www.regiojet.sk</a> or <a href="https://www.slovaklines.sk">www.slovaklines.sk</a>, or <a href="https://www.flixbus.sk">www.flixbus.sk</a>. From Bratislava take a train to Kysak. Kysak is in the middle of Bratislava and Košice.

#### From Budapest airport

Take a bus or train to Košice. Check the tickets at: <a href="www.regiojet.sk">www.regiojet.sk</a> or <a href="www.regiojet.sk">www.reg

#### From Bratislava airport

Take a train to Kysak. Check the tickets at: <a href="https://www.zssk.sk/">https://www.zssk.sk/</a>

#### Reimbursement procedure

Reimbursements will be made by bank transfer to the appointed responsible participant after all necessary travel documentation and proof of dissemination activities are sent to EduEra after the training. (We will make the transfer within 30 days from the moment we have everything needed from a country group).

#### Pictures and Videos

Pictures and videos taken during the activities might be used to document the training and promote the project in reports, partner websites, social media accounts and in further promotional materials. For the benefit of the activity and in order to guarantee your full involvement in the experience, we ask selected participants NOT TO PLAN online meetings/appointments during the training time.



## Revise the basics

#### What is Non-Formal Education?

Non-formal Education (NFE) is any organized educational activity that takes place outside the formal educational system. There is no specific target group for NFE; it could be kids, youth or adults. NFE approach that is taken in the Erasmus+ programme has some specific characteristics:

- Contextualized & need-based
- Accessible and open to everyone
- Organized with educational objectives
- Learner-centered & participatory
- Holistic & process-oriented

#### What is Erasmus+?

Erasmus+ is a programme of the European Commission in the fields of education, training, youth & sport. The programme gives an opportunity to develop international projects within Europe, its neighboring regions and the whole world. Erasmus+ has a specific Youth part of the programme, which allows providing young people, youth leaders and youth workers with opportunities to participate in a wide range of short-term and long-term projects.

#### What is a Youthpass?

At the end of your learning journey you will receive a Youthpass certificate, a tool for recognition used in the Erasmus+ Youth in Action projects. It give you not only a chance to prove your participation in a training course, but also a chance to use the self-assessment tool and reflect on your experience.

Watch a video about non-formal learning





## InternationalSnack Festival in Da Haus!

We are excited to announce the International Snack Festival!

Each day, a different group will host a coffee break, bringing a traditional snack from their country—something you'd usually eat or a local specialty.

Get ready to share, taste, and explore flavors from around the world! 🏵 🐬 🥗



# WhatsApp Group

Once we confirm all participants and tickets are purchased, we will create a WhatsApp group and share the link for you to join. This will be our main space for updates and coordination.



#### Further more...

You are required to have a comprehensive travel health, accident and liability insurance, for the entire duration of your stay in the Slovak Republic. Please note that insurance costs will not be reimbursed, even if they are included in your plane tickets.

In the event that you cause any financial damage to the hotel, other participants, or the hosting organization, you will be responsible for covering the full cost.

Only tickets approved before the activity by the hosting organization will be reimbursed! Remember to keep all your receipts, bank movement confirmation, boarding passes and tickets!

Full participation in the program is mandatory to be eligible for the reimbursement of travel, you cannot arrive later or leave earlier from/to Kysak than the dates indicated for the course duration.



EduEra is a Slovak non-governmental organization dedicated to empowering young people, educators, and youth workers through innovative educational initiatives. Since its born, EduEra has become a recognized leader in the field of nonformal education, earning accolades such as Best Practice NGO in Slovakia (2018) and Best Practice Project in the EU Youth Sector (2018, 2022 and 2024).

The organization focuses on designing and implementing educational projects that foster creativity, inclusion, and personal growth. Its activities include training courses, workshops, and the development of educational tools and methodologies tailored to the needs of youth workers and educators. EduEra's work emphasizes values such as collaboration, sustainability, and community engagement, aiming to inspire meaningful change at both local and international levels.

We look forward to meeting you! All the best!